

Course Title: Heads Up Day – Teacher CPD

About this course:

This course is aimed at teachers or schools keen to support students with the skills and attitudes necessary for success at GCSE and A level. Whilst we may find the delivery of our subjects relatively straightforward, students can underachieve for a range of reasons that don't necessarily directly relate to the subject content. This course aims to help teachers and schools develop a common language to address some of these wider issues in learning and motivation.

You will gain:

- Understanding attitudes and beliefs; strategies to support students to develop better attitudes and beliefs
- Understanding of key research on learning: empowering students to use these ideas.
- Understanding organisational and time management strategies; implementation with students
- All course materials and handouts for use with students.

Session Outlines

A typical event would be divided into 4 sessions – either half day or full day.

Session 1: A is for Attitude, B is for belief: What do students believe about themselves and how does this affect their work. Dweck's Mindset theory, imposter syndrome, and the danger of comparing ourselves to others.

Session 2: E is for effort: When the going gets tough, the importance of keeping going. Understanding the change curve, the research on effort. How routines affect effort, what Maslow teaches us.

Session 3: L is for Learning: Looking at some of the key strategies that help students learn, eliminating distractions. Ebbinghaus, interleaving and active learning, Cornell notetaking, Coggles and mindmaps

Session 4: S is for structure, T is for Time: Time management using Covey quadrants, daily and weekly planners, organising folders, how tomatoes improve concentration. Using these strategies with students

Delivery Options

Full day, half day or twilight options are available where a half day or twilight covers some of the above by agreement. A more bespoke package tailored to the needs of the school can be delivered. The above package can be delivered online if preferred or if face to face delivery is not possible.

Your trainer

Chris Eyre has been a head of department in both secondary and sixth form college settings. He is also an experienced examiner: he is currently Principal Examiner for a leading exam board. He has co-written a number of textbooks and revision guides for A Level Religious Studies and a book on wellbeing. He has considerable experience as a CPD trainer in a range of settings

For booking or more information

Please contact Chris by email info@chriseyreteaching.com or by the booking form on the website for all enquiries.